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"Overcoming our Spiritual Enemies: The Flesh" Series, #3

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Romans 7

⁷What shall we say, then? Is the law sin? Certainly not! Indeed I would not have known what sin was except through the law. For I would not have known what coveting really was if the law had not said, "Do not covet."^[b] ⁸But sin, seizing the opportunity afforded by the commandment, produced in me every kind of covetous desire. For apart from law, sin is dead. ⁹Once I was alive apart from law; but when the commandment came, sin sprang to life and I died. ¹⁰I found that the very commandment that was intended to bring life actually brought death.

¹¹For sin, seizing the opportunity afforded by the commandment, deceived me, and through the commandment put me to death. ¹²So then, the law is holy, and the commandment is holy, righteous and good. ¹³Did that which is good, then, become death to me? By no means! But in order that sin might be recognized as sin, it produced death in me through what was good, so that through the commandment sin might become utterly sinful.

¹⁴We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. ¹⁵I do not understand what I do. For what I want to do I do not do, but what I hate I do. ¹⁶And if I do what I do not want to do, I agree that the law is good. ¹⁷As it is, it is no longer I myself who do it, but it is sin living in me. ¹⁸I know that nothing good lives in me, that is, in my sinful nature.^[c] For I have the desire to do what is good, but I cannot carry it out. ¹⁹For what I do is not the good I want to do; no, the evil I do not want to do—this I keep on doing. ²⁰Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

²¹So I find this law at work: When I want to do good, evil is right there with me. ²²For in my inner being I delight in God's law; ²³but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. ²⁴What a wretched man I am! Who will rescue me from this body of death? ²⁵Thanks be to God—through Jesus Christ our Lord!

So then, I myself in my mind am a slave to God's law, but in the sinful nature a slave to the law of sin.