

Insane Brokenness
Sermon Based Discussion (March 6, 2016)
Broken & Mended (Lent 2016)

INTO THE BIBLE (Read Psalm 34)

1. What emotions do you think David felt as he decided to act insane before Achish king of Gath?

2. David wrote this psalm during a time when he was broken and humiliated (1 Samuel 21:10-15). How does knowing his context help us understand this psalm of praise?

UNDERSTANDING

3. David says God delivers him from "all his fears" (v.4). Also that a person who trusts in God lacks "no good thing" (v.10). How should we understand this given that Christians still face troubles, and David himself was broken in spirit?

4. Why might praise from a brokenhearted person or crushed spirit be more powerful than praise from someone with positive circumstances?

DIFFERENCE

5. How do you feel reading v.18 that God is "near to the brokenhearted and saves the crushed in spirit"?

6. Share about a situation where someone was in hard circumstances but still was able to praise God. (It could be you or someone else).

APPLICATION

7. What is a situation in your life that you may feel is crushing your spirit or breaking your heart? Will you praise God with Psalm 34 during those times?

8. What is one practical step you can take this week from this study?